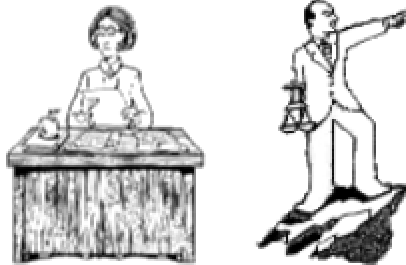


1

THE REFORMER

Enneagram Type One



The Rational, Idealistic Type:
Principled, Purposeful, Self-Controlled, and Perfectionistic

Basic Fear: Of being corrupt/evil, defective
Basic Desire: To be good, to have integrity, to be balanced
Enneagram One with a Nine-Wing: "The Idealist"
Enneagram One with a Two-Wing: "The Advocate"

Profile Summary for the Enneagram Type One

Healthy: Conscientious with strong personal convictions: they have an intense sense of right and wrong, personal religious and moral values. Wish to be rational, reasonable, self-disciplined, mature, moderate in all things. / Extremely principled, always want to be fair, objective, and ethical: truth and justice primary values. Sense of responsibility, personal integrity, and of having a higher purpose often make them teachers and witnesses to the truth. **At Their Best:** Become extraordinarily wise and discerning. By accepting what is, they become transcendently realistic, knowing the best action to take in each moment. Humane, inspiring, and hopeful: the truth will be heard.

Average: Dissatisfied with reality, they become high-minded idealists, feeling that it is up to them to improve everything: crusaders, advocates, critics. Into "causes" and explaining to others how things "ought" to be. / Afraid of making a mistake: everything must be consistent with their ideals. Become orderly and well-organized, but impersonal, puritanical, emotionally constricted, rigidly keeping their feelings and impulses in check. Often workaholics — "anal-compulsive," punctual, pedantic, and fastidious. / Highly critical both of self and others: picky, judgmental, perfectionistic. Very opinionated about everything: correcting people and badgering them to "do the right thing"—as they see it.

Impatient, never satisfied with anything unless it is done according to their prescriptions. Moralizing, scolding, abrasive, and indignantly angry.

Unhealthy: Can be highly dogmatic, self-righteous, intolerant, and inflexible.

Begin dealing in absolutes: they alone know "The Truth." Everyone else is wrong: very severe in judgments, while rationalizing own actions. / Become obsessive about imperfection and the wrong-doing of others, although they may fall into contradictory actions, hypocritically doing the opposite of what they preach. / Become condemnatory toward others, punitive and cruel to rid themselves of "wrong-doers." Severe depressions, nervous breakdowns, and suicide attempts are likely. Generally corresponds to the Obsessive-Compulsive and Depressive personality disorders.

Key Motivations: Want to be right, to strive higher and improve everything, to be consistent with their ideals, to justify themselves, to be beyond criticism so as not to be condemned by anyone.

Examples: [Mahatma Gandhi](#), [Hilary Clinton](#), [Al Gore](#), [John Paul II](#), [Sandra Day O'Connor](#), [John Bradshaw](#), [Bill Moyers](#), [Martha Stewart](#), [Ralph Nader](#), [Katherine Hepburn](#), [Harrison Ford](#), [Vanessa Redgrave](#), [Jane Fonda](#), [Meryl Streep](#), [George Harrison](#), [Celene Dion](#), [Joan Baez](#), [George Bernard Shaw](#), [Noam Chomsky](#), [Michael Dukakis](#), [Margaret Thatcher](#), [Rudolph Giuliani](#), [Jerry Brown](#), [Jane Curtin](#), [Gene Siskel](#), [William F. Buckley](#), [Kenneth Starr](#), The "Church Lady" ([Saturday Night Live](#)), and "Mr. Spock" ([Star Trek](#)).

5

THE INVESTIGATOR Enneagram Type Five



The Intense, Cerebral Type:
Perceptive, Innovative, Secretive, and Isolated
Basic Fear: Being useless, helpless, or incapable
Basic Desire: To be capable and competent
Enneagram Five with a Four-Wing: "The Iconoclast"
Enneagram Five with a Six-Wing: "The Problem Solver"

Profile Summary for the Enneagram Type Five

Healthy: Observe everything with extraordinary perceptiveness and insight. Most mentally alert, curious, searching intelligence: nothing escapes their notice. Foresight and prediction. Able to concentrate: become engrossed in what has caught their attention. / Attain skillful mastery of whatever interests them. Excited by knowledge: often become expert in some field. Innovative and inventive, producing extremely valuable, original works. Highly independent, idiosyncratic, and whimsical. **At Their Best:** Become visionaries, broadly comprehending the world while penetrating it profoundly. Open-minded, take things in whole, in their true context. Make pioneering discoveries and find entirely new ways of doing and perceiving things.

Average: Begin conceptualizing and fine-tuning everything before acting — working things out in their minds: model building, preparing, practicing, and gathering more resources. Studious, acquiring technique. Become specialized, and often "intellectual," often challenging accepted ways of doing things. / Increasingly detached as they become involved with complicated ideas or

imaginary worlds. Become preoccupied with their visions and interpretations rather than reality. Are fascinated by off-beat, esoteric subjects, even those involving dark and disturbing elements. Detached from the practical world, a "disembodied mind," although high-strung and intense. / Begin to take an antagonistic stance toward anything which would interfere with their inner world and personal vision. Become provocative and abrasive, with intentionally extreme and radical views. Cynical and argumentative.

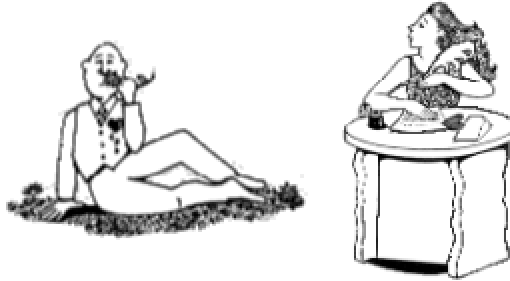
Unhealthy: Become reclusive and isolated from reality, eccentric and nihilistic. Highly unstable and fearful of aggressions: they reject and repulse others and all social attachments. / Get obsessed yet frightened by their threatening ideas, becoming horrified, delirious, and prey to gross distortions and phobias. / Seeking oblivion, they may commit suicide or have a psychotic break with reality. Deranged, explosively self-destructive, with schizophrenic overtones. Generally corresponds to the Schizoid Avoidant and Schizotypal personality disorders.

Key Motivations: Want to possess knowledge, to understand the environment, to have everything figured out as a way of defending the self from threats from the environment.

Examples: [Albert Einstein](#), [Stephen Hawking](#), [Bill Gates](#), [Georgia O'Keefe](#), [Stanley Kubrick](#), [John Lennon](#), [Lily Tomlin](#), [Gary Larson](#), Laurie Anderson, [Merce Cunningham](#), [Meredith Monk](#), [James Joyce](#), [Björk](#), [Susan Sontag](#), [Emily Dickenson](#), [Agatha Christie](#), [Ursula K. LeGuin](#), [Jane Goodall](#), [Glenn Gould](#), [John Cage](#), [Bobby Fischer](#), [Tim Burton](#), [David Lynch](#), [Stephen King](#), [Clive Barker](#), [Trent Reznor](#), [Friedrich Nietzsche](#), [Vincent Van Gogh](#), [Kurt Cobain](#), and "Fox Mulder" ([X Files](#)).

4

THE INDIVIDUALIST Enneagram Type Four



The Sensitive, Withdrawn Type:

Expressive, Dramatic, Self-Absorbed, and Temperamental

Basic Fear: That they have no identity or personal significance

Basic Desire: To find themselves and their significance (to create an identity)

Enneagram Four with a Three-Wing: "The Aristocrat"

Enneagram Four with a Five-Wing: "The Bohemian"

Profile Summary for the Enneagram Type Four

Healthy: Self-aware, introspective, on the "search for self," aware of feelings and inner impulses. Sensitive and intuitive both to self and others: gentle, tactful, compassionate. / Highly personal, individualistic, "true to self." Self-revealing, emotionally honest, humane. Ironic view of self and life: can be serious and funny, vulnerable and emotionally strong. **At Their Best:** Profoundly creative, expressing the personal and the universal, possibly in a work of art. Inspired, self-renewing and regenerating: able to transform all their experiences into something valuable: self-creative.

Average: Take an artistic, romantic orientation to life, creating a beautiful, aesthetic environment to cultivate and prolong personal feelings. Heighten reality through fantasy, passionate feelings, and the imagination. / To stay in touch with feelings, they interiorize everything, taking everything personally, but become self-absorbed and introverted, moody and hypersensitive, shy and self-conscious, unable to be spontaneous or to "get out of themselves." Stay withdrawn to protect their self-image and to buy time to sort out feelings. /

Gradually think that they are different from others, and feel that they are exempt from living as everyone else does. They become melancholy dreamers, disdainful, decadent, and sensual, living in a fantasy world. Self-pity and envy of others leads to self-indulgence, and to becoming increasingly impractical, unproductive, effete, and precious.

Unhealthy: When dreams fail, become self-inhibiting and angry at self, depressed and alienated from self and others, blocked and emotionally paralyzed. Ashamed of self, fatigued and unable to function. / Tormented by delusional self-contempt, self-reproaches, self-hatred, and morbid thoughts: everything is a source of torment. Blaming others, they drive away anyone who tries to help them. / Despairing, feel hopeless and become self-destructive, possibly abusing alcohol or drugs to escape. In the extreme: emotional breakdown or suicide is likely. Generally corresponds to the Avoidant, Depressive, and Narcissistic personality disorders.

Key Motivations: Want to express themselves and their individuality, to create and surround themselves with beauty, to maintain certain moods and feelings, to withdraw to protect their self-image, to take care of emotional needs before attending to anything else, to attract a "rescuer".

Examples: [Ingmar Bergman](#), [Alan Watts](#), [Sarah McLachlan](#), [Alanis Morissette](#), [Paul Simon](#), [Jeremy Irons](#), [Patrick Stewart](#), [Joseph Fiennes](#), [Martha Graham](#), [Bob Dylan](#), [Miles Davis](#), [Johnny Depp](#), [Anne Rice](#), [Rudolph Nureyev](#), [J.D. Salinger](#), [Anaïs Nin](#), [Marcel Proust](#), [Maria Callas](#), [Tennessee Williams](#), [Edgar Allan Poe](#), [Annie Lennox](#), [Prince](#), [Michael Jackson](#), [Virginia Woolf](#), [Judy Garland](#), "Blanche DuBois" ([Streetcar Named Desire](#)).